

WALES – FAMILY CRISIS CARE CHECKLIST

 **Name:**

 **Location (Home / Hospital / Care Home):**

 **Date:**

1 Immediate Safety (First 24 Hours)

- Safe right now?
 - Call 999 if emergency
 - Contact GP / NHS 111 Wales
 - If in hospital, make the point that “Discharge would be unsafe without appropriate care arranged.”
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2 Ask About NHS Continuing Healthcare (Wales)

In Wales, Continuing NHS Healthcare is arranged via the NHS Wales.

It is:

- Fully funded
- Not means-tested
- Based on a **primary health need**

- Request CHC assessment
 - Date requested: _____
 - Assessment meeting arranged
-

3 Consider Fast Track (If Rapid Deterioration)

If the person is:

- Rapidly declining

- Possibly entering end of life
- Increasingly frail/unpredictable

Ask clinician: “Should Fast Track Continuing Healthcare be considered?”

- Requested
 - Decision received
-

4 Start a Care Evidence Log

Record daily:

- Falls
- Night waking
- Wandering
- Incontinence
- Medication changes
- Behavioural distress
- Swallowing problems
- Carer exhaustion

Focus on:

- Risk
 - Complexity
 - Skilled intervention needed
-

5 Apply for Attendance Allowance (Over State Pension Age)

Paid by the Department for Work and Pensions.

- Form requested (date: _____)
- Form submitted
- Medical evidence attached

Non-means-tested. Describe worst days.

6 Contact Local Authority Social Services

Under the Welsh Government framework:

- Request Care and Support Needs Assessment
- Request Carer's Assessment

Wales has a higher capital threshold than England for residential care.

Assessment date: _____

7 If Funding Refused

- Request written reasons
 - Ask about complaints procedure
 - Consider independent advocacy
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WALES – Crisis Priorities

1. Safety
2. CHC assessment
3. Fast Track if deteriorating
4. Attendance Allowance
5. Local authority assessment
6. Document everything

This checklist was created in March 2026 with the help of ChatGTP. While details may change over time we hope you find the guiding principles to be of help.